

International Trainings Practical Information

International Trainings Foundation Year 2006/2007

What does participating on the Foundation Year involve?

This 'year' consists of 4 modules of self development spread over 12 – 18 months in order to allow participants time to integrate the learnings of the course. Interim facilitated support groups (subgroups) may be organised with a local qualified Sexual Grounding Therapist.

All modules are run residentially over 6 whole days, in comfortable and beautiful venues, near budget airline hubs. Generally, we aim to hire venues in Southern France or the Costa Brava, Northern Spain, for the sake of value for money accommodation, cheap travel and climatic reasons.

Participants are responsible for their own travel arrangements, and this will usually mean arrival the night before. All travel expenses must be insured by participants to cover any unforeseen eventualities.

Who staffs the courses?

The International Trainings in Europe are led by trainers from the Sexual Grounding Therapy Training Team, including Willem Poppeliers (NL), the founder of Sexual Grounding Therapy.

On the Foundation Week, Willem Poppeliers will be present for the whole week and will be assisted by Helena Løvendal-Duffell (DK), and Nick Duffell (UK), who were trained and registered as psychotherapists in London, and are Sexual Grounding Therapists, registered in the Netherlands. They are co-founders of the Centre for Gender Psychology, and co-authors of *Sex, Love and The Dangers of Intimacy* (Harper Collins Thorsons, 2002).

For the subsequent modules, Willem will be present for two or three days, while Helena and Nick will be joined by Surabhi Notburga Schaubmair (A) and Robert Punit Fischer (CH). Surabhi has been involved in the field of demystifying sexuality for many years, and with her husband Robert, a psychiatrist and psychotherapist, runs the Mann-Frau Institute in Switzerland, see www.mann-frau.com. They are both trained in IBP (Integrative Body-psychotherapy) and they are Sexual Grounding Therapists, registered in the Netherlands, and live in a village outside Bern with their two daughters.

Part 1: Foundation Week

Foundation Week

Dates: 01-06/08/2006 . Starts: Tuesday 10.00, finishes Sunday 17.00

Venue: Le Hameau de L'Etoile, France. Staff: Willem, Helena and Nick

The Hameau is a charmingly restored ancient shepherd's hamlet in the mountains near St Martin de Londres, a village by the River Herault, about 20 kms. from Montpellier and the Mediterranean, with incredible food and a huge pool and naturist area. The nearest airport is Montpellier Mediterranean, currently served by RyanAir (from London Stansted and Frankfurt Hahn), British Airways, and Air France. There is also an excellent fast train (TGV) from Paris, with connections to London and Brussels via Eurostar. Please note that budget fares are not guaranteed during high season and holiday periods.

NB. This week may be taken on its own, since it serves as a stand-alone workshop. But it also counts as the first module, if participants wish to complete the Foundation Year in Sexual Grounding Therapy. Candidates may apply for the Foundation Week and elect to go on after they have integrated this module, depending on availability of places.

Sexual Grounding Therapy®
Surabhi Notburga Schaubmair + Dr. med. Robert Fischer

Part 2: Foundation Year.

Block 1

Dates: 18-23/11/06. Starts: Saturday 10.00, finishes Thursday 17.00
Venue: Eden Roc, Spain. Staff: Willem, Helena and Robert.

The Garden Eden 'Mediterranean Centre for Body and Soul' is part of the Eden Roc complex, a superb health centre and hotel on the Catalonian coast, in San Feliu de Quixols, 90kms north of Barcelona. The hotel has its own beach, indoor and outdoor pools, a spa and alternative health treatments, and diving are available. A variety of charter operators, including RyanAir, fly to Gerona – or Girona, the nearest city, while EasyJet do very cheap flights to Barcelona. St Feliu is a couple of hours' drive or train from Carcassonne, or Perpignan in Southern France.

Block 2

Dates: 19-24/06/07. Starts: Tuesday 10.00, finishes Sunday 17.00
Venue: Le Hameau de L'Etoile, France. Staff: Willem, Surabhi and Nick

Block 3

Dates: 19-24/10/07. Starts: Friday 10.00, finishes Wednesday 17.00
Venue: Eden Roc, Spain.. Staff: Willem, Helena and Nick

Organisers

SSGT (Foundation for Sexual Grounding Training, NL) in collaboration with the Centre for Gender Psychology (UK). Local organiser for german speaking people: Surabhi Notburga Schaubmair + Robert Fischer.

Course fees

The first module costs: €750.- includes administration fee, but not travel or accommodation costs. Full course fee (all 4 Blocks) is €2,950 Euros, (CHF 4. 425.-) discounts for people with money problems are possible to discuss. Full board and accommodation from about €55 per day, payable to the venue directly. NB cheap cabin and camping options may also be available at some venues.

Payment

Each module is payable on acceptance of application. Places are reserved by a deposit €200.- (CHF 300.-). Participants may chose to experience block 1 before committing to the full course. Priority is given to those wishing to book the whole course, however.

Booking conditions

Full fees are refundable in the event of cancellation or postponement by the organisers, and by applicants, according to limitations booking conditions (made clear on application form). All connecting transport expenses must be covered by the applicants' travel insurance.

Application procedure

Please apply by e-mail to surabhi@mann-frau.com saying why you are interested in this course and what your experience in the field is. You will then be asked to fill in an application questionnaire and, due to the depth that this training requires the students to go, you may be asked to do our pre-requisite course or come to an interview, before acceptance to the full training.

Contact

If you wish to have any further information before applying, please do not hesitate to contact us. For application and further details please contact:

Surabhi Notburga Schaubmair + Robert Fischer, Hubelhüsistrasse 38B, CH-3147 Mittelhäusern,
Tel.: +41 31 842 03 11 or +41 31 372 21 21, surabhi@mann-frau.com