



Sexual Grounding Therapy®

International Advanced Year 2008/2009

This 'year' brings you another precious gift: Many developmental theories focus on becoming an adult, but SGT has a developmental theory for the whole life, right up to death. The course will allow you to experience the following topics: the essential tasks for humans in their sexual love life and get support to mature in all those life-stages: going for paradise within relationship; the step to decide for a sexual love relationship with lifelong perspective with the support of parents and parents in law; increasing your self-regulation to be able to stay in the relationship; making love for a physical and/or spiritual child; reproduction; the balance of masculinity and femininity in men and women, of past and future in life; the meaning of the physical death of your sexual parents; developing the capacity to find the paradise in the generations; discovering the joy in getting physically, emotionally, mentally and spiritually old and mature; uncovering the meaning and capacity to die sexually with dignity.

What does participating on the Advanced Year involve?

This 'year' consists of 4 modules run over 6 full days of self-development spread over 14 months, in order to allow participants time to integrate the learnings of the course. For this year the interim subgroups, which should be organised with a local qualified Sexual Grounding Therapist, are obligatory, at least once between the blocks. However we recommend that this frequency is considered a minimum and that more subgroups should be scheduled, especially during the 7 months between the 1st and the 2nd block.

All modules are run residentially, in comfortable and beautiful venues, near budget airline hubs. Participants are responsible for their own travel arrangements to guarantee the presence during the full course time, and this will usually mean arrival the night before. All travel expenses must be insured by participants to cover any unforeseen eventualities. Participants will mainly be from the Dutch Basic Training and the International Foundation Year. Also participants of former Sexual Grounding Basic trainings who want to add the second part are welcome. Some may come to a few blocks only, since they missed these blocks in their training because of health reasons. This means that we do not absolutely guarantee the continuity of the participant group.

Who staffs the courses?

The International Trainings in Europe are led by trainers from the Sexual Grounding Therapy® Training Team, including **Willem Poppeliers** (NL), the founder of Sexual Grounding Therapy.

Helena Løvendal-Duffell (DK), and **Nick Duffell** (UK), who were trained and registered as psychotherapists in London, and are Sexual Grounding Therapists, registered in the Netherlands. They are co-founders of the Centre for Gender Psychology, and co-authors of *Sex, Love and The Dangers of Intimacy* (Harper Collins Thorsons, 2002). www.genderpsychology.com.

Surabhi Notburga Fischer (A) and **Robert Fischer** (CH). Surabhi and Robert have been involved in the field of demystifying sexuality for many years, and run the MannFrau Institute in Switzerland, see www.mann-frau.com. They are both trained in IBP (Integrative Body-psychotherapy), are in the teaching team for this method and they are Sexual Grounding Therapists, registered in the Netherlands, and live in a village outside Bern with their two daughters.

While **Willem, Helena, Surabhi and Robert** will be trainers for all the structures, **Nick** will be available for Integration and Process Groups, Subgroups, between the blocks.

Dates, staff and venues:

• **Block 1:** Dates: 01-06/04/08. Starts: Tuesday 10.00, finishes Sunday 17.00. Venue: IdyllGais, North-East Switzerland near Zurich Airport, www.idyll-gais.ch. Staff: Surabhi and Robert.

• **Block 2:** Dates: 25-30/10/08. Starts: Saturday 10.00, finishes Tuesday 17.00. Venue: Le Hameau de L'Etoile, France, near Montpellier, www.lehameaudeletoile.com. Staff: Surabhi Notburga and Willem (expected for 2 days)

• **Block 3:** Dates: 22-27/03/09. Starts: Sunday 10.00, finishes Friday 17.00. Venue: Le Hameau de L'Etoile. Staff: Helena and Robert



• **Block 4:** Dates: 22-27/06/09. Starts: Monday 10.00, finishes Saturday 17.00. Venue: (you'll get informed, probably near Geneva airport). Staff: Helena and Willem (precise number of days of his presence to be fixed)

Coordinator for this training

Robert Fischer, Sulgeneckstrasse 38, CH-3007 Bern, +41 31 372 21 21, fischer@mann-frau.com

Organiser

Nital Brinkley, 1 ruelle du collège, CH-1323 Romainmôtier, +41 24 442 20 33, nbrinkle@worldcom.ch

Course fees

The price is based on Swiss Francs and is CHF 250 (approx. € 155; £ 105) per day or CHF 1500 (approx. € 930; £ 630) per block/week or CHF 6000 (approx. € 3720; £ 2520) for the 4 blocks. In case of payment of the whole fee in advance until 31/01/08 there is a 10% reduction, which means a total of CHF 5400 (approx. € 3348; £ 2268) for the training or CHF 225 per day. Costs for venues, travel and subgroups are extra.

Payment

The first module will be paid immediately after acceptance. This payment guarantees your place as a participant. Each of the following modules is payable two months before the blocks starts.

€ - cheques from France to: Nital Brinkley. These cheques will be changed with cash at the start of a block.

€ money transfer to: Postbank München, account no. 0 571 934 800, Notburga Fischer, IBAN DE05 7001 0080 0571 9348 00; BIC PBNKDEFF

CHF money transfer to: Raiffeisenbank Bielersee, account no. 44429.30, Dr. med. Robert und Notburga Fischer, IBAN: CH15 8083 3000 0044 4293 0; Swift: RAIF CH 22; Banceclearingno.: 80833 (note e.g.: 'SGT-IAY Block 1' or 'Block 1-4'). Swiss participants can get from Robert and Surabhi's office (seminare@mann-frau.com, +41 31 372 21 20) a bill in CHF with "Einzahlungsschein" on demand.

Booking conditions

Full fees are refundable in the event of cancellation or postponement by the organisers, and by applicants, according to limitations booking conditions (made clear on application form). All connecting transport expenses must be covered by the applicants' travel insurance.

Application procedure

Please apply by e-mail to fischer@mann-frau.com. You will then be asked to fill in the application questionnaire on paper, sign it and send it directly to Robert Fischer by regular post.

Contact

If you wish to have any further information before applying, please do not hesitate to contact us. For application and further details please contact the coordinator Robert Fischer. For questions concerning the content you may call your primary contact trainer:

Helena Løvendahl-Duffell (cgphelena@aol.com, +33 563 76 99 66), Nick Duffell (info@genderpsychology, +33 563 76 99 66) or Surabhi Notburga Fischer (surabhi@mann-frau.com, +41 31 842 03 11) and Robert.